

Know Your Parental Rights:

How to Opt Your Child Out at School



MOMS *for*
★ **LIBERTY** ★



OUR MISSION

Moms for Liberty is dedicated to fighting for the survival of America by unifying, educating, and empowering parents to defend their parental rights at all levels of government.

OUR VISION

Americans empowered and thriving in a culture of Liberty.

OUR VALUES

We Stand for Truth

We Build Relationships

We Empower Others

Dear Parent,

Thank you for taking the time to learn more about how to protect your child's innocence and your family's values in today's classrooms.

Across the country, parents are waking up to content being taught in schools that goes far beyond reading, writing, and arithmetic. From sexually explicit materials to ideological indoctrination, what was once unthinkable is now showing up in our children's lessons in a wide variety of ways, and often without parental knowledge or consent.

That's why this resource is so important, and it's why it comes at a critical time.

The recent U.S. Supreme Court decision in *Mahmoud v. Taylor* affirmed what we've known all along: Parents do not forfeit their rights at the schoolhouse gate.

In the case, the Montgomery County School District refused to provide reasonable accommodation for parents wishing to opt out of LGBTQ-inclusive teachings. Now, these reasonable accommodations must be provided by every school district in the country.

The ruling made it clear that parents have a constitutional right to guide their children's upbringing, including opting them out of materials that conflict with their values. At Moms for Liberty, we like to say it this way:

"We do not co-parent with the government."

This is a big moment. But knowing your rights is only the first step. This guide has been created to give you the tools to approach your school with optimism and confidence. The time to speak up is now.

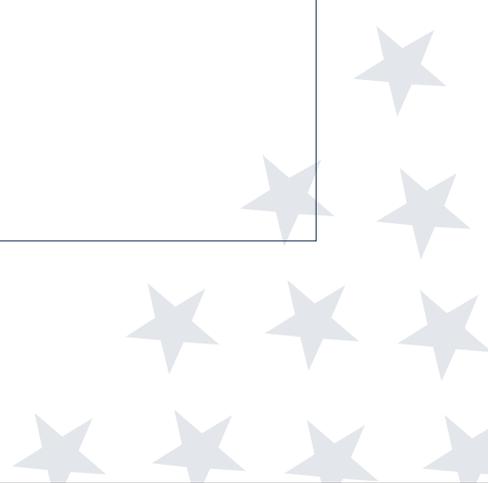
You are not alone. Feel free to contact us if you have any questions or issues.

For Parental Rights,



Tina Desovich

CEO & Co-Founder, Moms for Liberty



MEET PAULA

Paula is a mom from Indiana. A few years ago, her son was given two options for a novel in his Spanish class: one titled *Bianca's Coming Out* and the other centered around illegal immigration from Guatemala. As a mother of two children adopted from Guatemala, Paula felt that neither book was appropriate or aligned with her family's values.

In a respectful and thoughtful way, Paula contacted the teacher to share her concerns. She explained why the assigned books were problematic for her family. The result? Not only was her son allowed to choose an alternative novel, but the school took a step back, reassessed the assignment, and decided that those two books didn't need to be the only options offered to students.

Often, that's all it takes.

When parents speak up clearly and respectfully, schools listen.

If you come across objectionable content in your child's classroom, use the template below to contact your teacher or school administration with confidence and clarity.



PARENTAL NOTIFICATION FOR SCHOOL CURRICULUM SAMPLE TEMPLATE

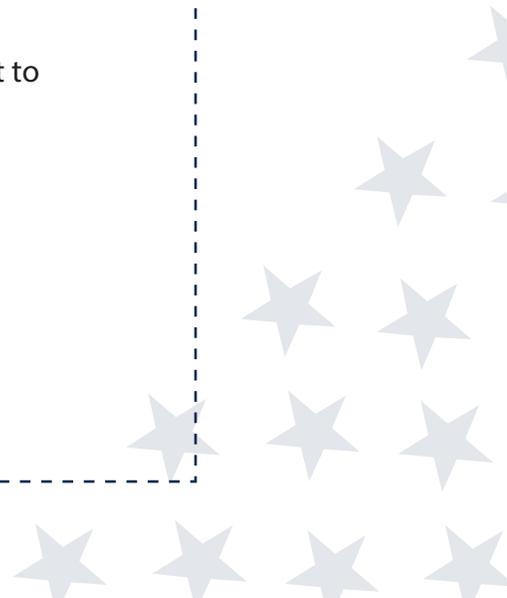
To Whom It May Concern,

I'm writing as a parent with deeply held religious beliefs. As a result of the recent Supreme Court decision, *Mahmoud v. Taylor*, I'm choosing to opt my children **[insert names]** out of **[insert activity or assignment here]** Along with that, I'm also asking that my kids not be required to use preferred pronouns or take part in policies that allow mixed-sex bathrooms, locker rooms or overnight accommodations. These things go against what we believe, and according to the ruling, we now have every right to say no.

I'd like to know how the district plans to follow the Court's decision. Does the district have a current Opt Out Policy? Will there be changes to the current policies? How far in advance will parents be informed before any lessons related to LGBTQ+ or sexuality are taught?

Thank you for your assistance with protecting my right to direct the up bringing of my child**[ren]**.

Thank you,
[Name]



Our hope is always that this can be handled at the most basic level. In many cases, all it takes is a few thoughtful conversations with a teacher or administrator to find a solution.

But sometimes, the issue runs deeper. Sometimes it impacts multiple classrooms, grade levels, or even district-wide policy. In those situations, more courageous action may be necessary.

If you find yourself facing a broader challenge, you may need to bring your concerns before your local school board. The following template is designed to help you craft a clear, confident, and respectful presentation to advocate for your child and others in your community.



OPT OUT

SAMPLE TEMPLATE

SCHOOL BOARD SPEECH

Hello Members of the board.

I stand before you today as a mother and a member of Moms for Liberty. As you know, the Supreme Court has released a decision in *Mahmoud v. Taylor* which will affect every school district in the country. The Court held that when Montgomery County, MD Public Schools refused to opt children out of K-5 curriculum that their parents objected to it violated the First Amendment's Free Exercise Clause.

Justice Alito, wrote that mandating our young children to engage with these materials presented as normative and celebratory, substantially interfered with parents' rights to raise their children according to their sincerely held beliefs. In effect, the schools crossed a constitutional line by conditioning a public education on acceptance of viewpoints conflicting with their families' faiths.

What does this mean for our district?

First, the school should provide clear advance notification to parents for any upcoming lessons covering the topics of gender identity, sexuality, or other related themes.

Second, parents have the right to opt-out their children, without penalty or stigma, from specific lessons that conflict with their religious convictions, and district policies must be aligned.

Third, children who opt out should be given meaningful, equivalent educational opportunities, ensuring they don't fall behind while respecting family beliefs. Fourth, teachers will need guidance to handle opt-outs sensitively and to implement alternative lessons professionally.

This ruling doesn't ban these materials altogether, nor does it restrict academic freedom. Rather, it reinforces parental rights, ensuring families can agree or disagree with specific content presented to their young children. I urge the district to swiftly align its policies with this decision—ensuring transparency, respect, and balance moving forward.

Thank you.



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